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# 30 Rapid Hypnotism & Instant Hypnosis Inductions For Hypnotherapy & Stage Hypnotists



## Synopsis

30 Rapid Hypnotism & Instant Hypnosis Inductions for Hypnotherapy & Stage Hypnotists. This Manual contains 22,750 words of pure gold for any Hypnotist wanting to learn 30 of the most effective Hypnosis Induction techniques for use either in hypnotherapy or indeed for Stage Hypnotism. Explained in a simple step by step manner you'll learn every nuance and technique that makes these Trance Induction approaches so successful. You'll also learn how to create your own unique and powerful Hypnotic Induction Approaches and a lot about the Psychology of Hypnosis. This manual also appears as Chapter Eight of my Mammoth home Study Hypnosis course which can be found in the Kindle Store by searching for - "Secrets of NLP - Hypnotherapy - Hypnotic Psychology - Street Hypnosis and Stage Hypnotism" - Here is your chance to try out some of my training at a tiny price before you decide whether to invest in the complete home study manual.

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## Customer Reviews

i am having trouble properly rating this book. let me offer this simple metaphor: tie your shoes. now imagine having spent an hour and a half reading a convoluted book on how to tie your shoes that

was 99 pages long in small print, with detailed instructions, a bibliography, and links to other books on the subject which were out of print. imagine thinking to yourself 'it'll take me a month of practice to learn all of this stuff!' now realize that the act of actually tying your shoes takes maybe 5 seconds if you do it slowly. does it not seem like overkill to you to read that kind of textbook for such a simple act? well, there you have it. rapid inductions are EASY to do once you know the process and have done it a few times. however, the intricate instruction in this book makes them sound unnecessarily complicated. that works against learning the skill. when it comes to quick inductions, there are only a few categories of rapid hypnotism:: relaxation inductions;; catalepsy rapid inductions;; confusion rapid inductions;; physical shock & awe snap inductions; and: emotional shock (name-calling or labelling) snap inductions. there are simple step-by-step actions you need to take to do each of these types of induction. when you know the step-by-step acts, you can do rapid and snap inductions very quickly and easily. the basic instructions are also so open-ended that they allow you to invent as many variations of them as you please on your own, in real time. that gives you both the flexibility of being able to come up with your own techniques, and the power rapid and snap inductions have built into them. unfortunately, jonathan hasn't taken the time to inform you of these setups. result: the book is at least twice as long as it needs to be; each induction has more detailed instruction than you need to know to do the work properly; if you don't understand the subject well, you miss the forest for the trees; and if you do understand the subject well, you will find this book to be long-winded without giving up much in the way of new information. the author does not cover emotional trigger snap inductions but he does cover the other four types in very great detail. he also covers some trauma trance inductions that are based on asphyxiation. those are dangerous and probably more of an insight into the types of military hypnotic techniques used by the nazis, soviets, and americans during world war 2 than anything useful in either stage hypnosis or therapy. from what i understand, there was an act passed in the uk in the 50s that makes asphyxiation inductions illegal, so know where to draw the line in doing your trancework. i am of the opinion that this book is probably a chapter or two from another of jonathan's courses. i know he sells a lot of very detailed courses packed with information. however, taking chunks of detailed information out of courses without giving simple outlines as a reference causes more confusion than insight. having read some of the other reviews on this book, i plainly see there is some type of smear campaign against the author. i have no dog in that race. all i can say is, be careful of agenda-seekers and the like. i am not here to take sides in anyone's argument. i am only looking for solid information. jonathan royle provides solid information, but in an overly complex fashion without perspective. that may or may not be your cup of tea. for me, the learning was interesting, but overly intricate. my final verdict:

Careful editing and an overview of the rapid and snap induction processes would turn this from a good but complicated book into a great and simple one. From there, the many techniques in it could be presented as variations, and the book would make a lot more sense to a neophyte or old hand at hypnotic work.

Not well written but the author tries to make his point for the various methods. I have the feeling that the book is more for the wannabe hypnotist rather than a serious text. You might notice that there seems to be a correlation between some of the evangelists and their methods for "saving" folks and how to hypnotize on stage. All in all, any knowledge gained is worthwhile.

As a hypnotherapist who has used rapid induction techniques for 30 years, I am saddened when I see this kind of shallow manipulative approach. Hypnosis is a state of mind where you are very rational and clear in your perceptions. It is perfect for finding insight and emotional growth. Anything you do as a hypnotist that attempts to control, manipulate or confuse the subject is counterproductive.

I can't give this book a completely fair rating. It got so redundant with the 500 different inductions that was the entire first however many chapters that I started skipping chapters and pages looking for info on what to do when they are actually in a hypnotic state. But I never seemed to find that point, got bored and put it down. Maybe a hard copy would have been easier but on the kindle it was a pain. Will be looking for a more informative but with purpose and less redundancy.

Thanks for the insight and the pep talk at the end. I'll be doing more self hypnosis for my own benefit.

I have bought a number of books for my collections on hypnosis and psychology. Most are good enough to at least have a point of view and share that with me - so I think that it worth the read.

Es un libro completo y escrito de manera seria. Sabe advertir del peligro del mal uso de la técnica hipnótica y de los beneficios del completo conocimiento del método.

A very good read for any hypnotist. Nice one Alex

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